

Menus and hours of operation for all locations can be found on our website:

benedictine.campus-dining.com



benedictineks_dining



MANAGEMENT

JERROD SOZA

Resident District Manager
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REAGAN NYANGI

Food Service Director
Reagan.nyangi@aladdinfood.com

VINCENT DAVIS

Executive Chef
vincent.davis@aladdinfood.com

A white bowl filled with a fresh salad of green leafy vegetables, orange segments, and nuts. A red rectangular box is overlaid on the right side of the bowl.

DINING GUIDE

2024



BENEDICTINE COLLEGE

DINING SERVICES



WELCOME

Welcome to the dining program at Benedictine College, managed by Aladdin Campus Dining. We offer a program that meets the needs of today's college student. Each year you will experience exciting changes, fresh menus, and new enhancements to your dining experience. The enhancements will be a result of the feedback and input of students, faculty, and staff on campus.



SPECIAL DIETARY NEEDS

The Director of Accessibility Services, Jennifer DuLac, and our registered dietitian will work with students to help manage food allergies and special diets by working with physicians, dietitians, or qualified nutrition specialists to manage dietary substitutions by reviewing menus with students who have food allergies to determine what, if any, menu items need to be substituted. Email: jdulac@benedictine.edu



STUDENT EMPLOYMENT

Interested in a job with dining services? We have student positions available in catering, coffee shop, student managers, food service and more!

Email: jerrod.soza@aladdinfood.com

THE GRILLE

AT THE

ROOST

Located in the Haverty Center, offering juicy burgers, grilled or crispy chicken sandwiches, french fries, and hand-spun milkshakes. You may use you a meal swipe, dining dollars, raven bucks and credit card.

MONDAY – THURSDAY	11:00 AM – 11:30 PM
FRIDAY	11:00 AM – 8:00 PM
SATURDAY	11:00 AM – 2:00 PM
SUNDAY	CLOSED

HOLY SMOKES

AT BENEDETTOS

Holy Smokes at Benedetto's is located in the Cray-Seaburg Hall, featuring barbeque classics like BBQ Pork, BBQ Brisket, BBQ Chicken, Mac & Cheese, coleslaw, corn muffins and more! Meal swipe, dining dollars, raven bucks and credit card accepted here.

MONDAY – FRIDAY	11:00 AM – 3:00 PM
MONDAY – THURSDAY	5:00 PM – 7:00 PM
SATURDAY & SUNDAY	CLOSED



MEAL EXCHANGE

Meal exchange is equivalent to a "meal swipe" at The Grille and Holy Smokes. Meal exchange may be used for set menu options at both of these locations instead of going to the Dining Hall. Students are allowed 1 meal swipe per meal period either at the dining hall, The Grille or Holy Smokes. Meal exchange may be used for lunch, dinner or late night.

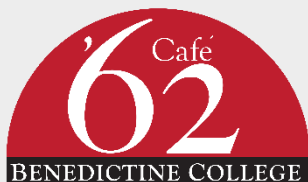


THE **NEST**

Located on the top floor of the John Paul II Student Center, students will find sandwiches, wraps, salads, snacks, bottled beverages and frozen food for stocking your dorm room or a quick bite on the go! Accepts dining dollars, raven bucks and credit card.

MONDAY-SUNDAY

8:30 AM - 11:00 PM



Located on the second floor of Ferrell Academic Center offering your favorite coffee drinks by ecogrounds, a sustainable ethically sourced coffee, smoothies, hot sandwiches and fresh pastries.

MONDAY – FRIDAY

7:30 AM – 3:00 PM

SATURDAY & SUNDAY

CLOSED

holy grounds

COFFEE HOUSE

“Student run from the Grounds up.”

Holy Grounds is a student operated coffee shop serving The Roasterie Coffee, a local Kansas City favorite! Holy Grounds is a great place to hang out with friends with wide variety of specialty drinks including coffees and lattes just the way you like it, Accepts dining dollars, Raven bucks and credit card.

MONDAY-THURSDAY

7:30 AM - 11:30 PM

FRIDAY

7:30 AM - 5:00 PM

SATURDAY

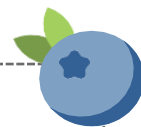
9:00 AM - 5:00 PM

SUNDAY

11:00 AM - 11:30 PM



Benedictine Dining Services is committed to bringing nutritious food to the table and making the healthy choice an easy choice for all our dining guests. We created BeWell to make it easier for you to choose well. First, our BeWell eating approach combines the latest in nutrition science and culinary trends to create a crave-worthy, nutritious menu choice. Second, our BeWell wellness approach encourages positive behavior change through our promotions, wellness education programs, and partnerships. BeWell is incorporated with End2End; an interactive menu program which highlights healthier options and provides the most current nutritional information for daily menus. Look for the blueberry symbol on our menus for a BeWell option!



BeWell recipes must meet three out of the following five categories:

Our BeWell recipes will always:



Plant-based

Be trans-fat free

Healthy Fat



Lean protein or plant-based protein

Use minimally processed ingredients

Limited added sugar



High fiber or a probiotic food

Be mindful of added sodium and portion size



MEAL PLANS

All freshmen are required to be on the 18-meal plan. Upperclassmen residents can choose from the 18-meal, 14-meal, or 12-meal plans. Upperclassmen residents in apartments, row or campus houses may select from the 18, 14, 12, or 7-meal plans. Meal plans reset on Sunday.

18-meal plan + \$300 annual Dining Dollars

- 18 meal swipes per week
- \$150 Dining Dollars per semester.

14-meal plan + \$500 annual Dining Dollars

- 14 meal swipes per week
- \$250 Dining Dollars per semester

12-meal plan + \$300 annual Dining Dollars

- 12 meal swipes per week
- \$150 Dining Dollars per semester

7-meal plan + \$300 annual Dining Dollars

- 7 meal swipes per week
- \$150 Dining Dollars per semester



BENEDICTINE COLLEGE

DINING SERVICES



The Dining Hall features different concepts including Classic Kitchen, Global Fare, Local Deli, Greens, Jump Start, Sweet Shop, Sauce & tone, Season's Harvest and A-Zone. You may use your Meal Card, Dining Dollars, Raven Bucks, or credit cards.

HOURS OF OPERATION

MONDAY–FRIDAY

Breakfast	7:00 AM – 9:00 AM
Continental Breakfast	9:00 AM – 11:00 AM
Lunch	11:00 AM – 1:30 PM
Light Lunch	1:30 PM – 4:30 PM
Dinner	4:30 PM – 8:00 PM

SATURDAY – SUNDAY

Brunch	10:00 AM – 1:00 PM
Light Lunch	1:00 PM – 4:30 PM
Dinner	4:30 PM – 8:00 PM



RAVEN BUCKS

Raven Bucks is an on-campus-only debit account. Funds are loaded onto your Benedictine student ID Card and can be used for a variety of services on campus including all campus dining locations. Raven Bucks do not expire and roll over each semester. Students may add Raven Bucks online at RavenZone on the Benedictine website or the business office.



DINING DOLLARS

Dining dollars are loaded on your Benedictine Card, used exclusively for on-campus dining purchases. Dining Dollars only come with meal plans and accepted at all campus dining locations. Unused dining dollars expire at the end of each semester.